

# APEC Conference on Achieving One Planet from 4E: Eat, Exercise, Ecology, Economics

## Agenda

Date: Thursday, 17<sup>th</sup> March, 2022 | Time Zone: GMT+8

Time	Topic	Speaker
08:30-09:30	Registration	
09:30-09:40	Opening Remarks	<b>Dr. Chung-Liang Shih</b> Vice Minister, Ministry of Health and Welfare, Chinese Taipei
09:40-09:45	Group Photo	
09:45-10:15	<b>Keynote Speech</b> Creating Well-Being Societies: The Health Challenge of the 21 <sup>st</sup> Century	<b>Prof. Trevor Hancock</b> Professor Emeritus, School of Public Health and Social Policy, University of Victoria, Canada
<b>Plenary 1: Join for Demonstrating the "Green Eating Power" and Sharing the Livable Planet</b> Moderator: <b>Dr. Wen-Harn Pan</b> , Distinguished Research Fellow, Academia Sinica, Chinese Taipei		
10:20-10:40	One Action, Two Functions: Plant-Based Diet for Personal Health and Planetary Health	<b>Dr. Ming-Nan Lin</b> Vice Superintendent, Buddhist Tzu Chi Medical Foundation Dalin Tzu Chi Hospital, Chinese Taipei
10:40-11:00	Tipping the Scales Towards a Healthy Climate: Measures that Decrease Greenhouse Gas Emissions and Improve Health at the Same Time	<b>Dr. Courtney Howard</b> Clinical Associate Professor, Cumming School of Medicine, University of Calgary, Canada
11:00-11:20	Creating a Path for Healthy, Sustainable Diets	<b>Prof. Walter C. Willett</b> Professor, Epidemiology and Nutrition, Harvard T.H. Chan School of Public Health, United States
11:20-11:40	Panel Discussion	
11:40-13:00	Lunch	
<b>Plenary 2: The Green Action Plan and Innovation of Sport Industry</b> Moderator: <b>Dr. Ying-Shih Hsieh</b> , Chair, The Environmental Quality Protection Foundation, Chinese Taipei		
13:00-13:20	Elderly-Centred Technology: Enablers and Health Coaches for Living Well, Ageing Well and Ageing Smart	<b>Prof. Theng Yin Leng</b> Associate Provost (Faculty Affairs), President's Office, Nanyang Technological University, Singapore
13:20-13:40	National Physical Activity Promotion Strategy and Campaign: Lesson learned from Thailand	<b>Dr. Udom Asawutmangkul</b> Director, Division of Physical Activity and Health, Department of Health, Ministry of Public Health, Thailand
13:40-14:00	The Digitalization and Sustainability of Sport Industry	<b>Prof. Tzyy-Yuang Shiang</b> Distinguished Professor, Department of Athletic Performance, National Taiwan Normal University, Chinese Taipei
14:00-14:20	Panel Discussion	
14:20-14:30	Coffee Break	
<b>Plenary 3: Case Sharing from Official and Private Representatives</b> Moderator: <b>Prof. Huey-Jen Jenny Su</b> , Distinguished Professor, Department of Environmental and Occupational Health, College of Medicine, National Cheng Kung University, Chinese Taipei		
14:30-14:50	Healthy Lifestyle Promotion Movement: Thailand Experience	<b>Dr. Pairoj Saonuan</b> Assistant CEO, Thai Health Promotion Foundation, Thailand
14:50-15:10	Green Eating, Nutrition, and Health	<b>Dr. Erna Mulati</b> Director, Public Nutrition, Mother and Child Health, Ministry of Health, Indonesia
15:10-15:30	Living Green: Behavioural Changes and Materials Efficiency	<b>Dr. Hui-Chen Chien</b> Director-General, Environmental Protection Administration, Executive Yuan, Chinese Taipei
15:30-15:50	Panel Discussion	
15:50-16:00	Closing Remarks	<b>Dr. Chao-Chun Wu</b> Director-General, Health Promotion Administration, Ministry of Health and Welfare, Chinese Taipei