

## ENSH Self-audit Questionnaire ENSH 自我檢核表

Performance evaluation towards a Tobacco-free Organisation 無菸機構之績效評估

Standard 1: Commitment	No / Not	Less than half	More than half	Yes / Fully
標準 1:承諾	implemented	implemented	implemented	implemented
	完全未做	落實未達一半	落實超過一半	完全落實
1.1 The healthcare organisation documents specify				
commitment to a policy towards the implementation of the ENSH Standards.				
1.1 健康照護機構公開採納 ENSH 標準並展現實踐該標準的政策承				
諾。				
1.2 The healthcare organisation does not accept any				
sponsorship from the tobacco industry.				
1.2健康照護機構的無菸政策包括禁止接受任何來自菸商的贊助				
或經費。				
1.3 A policy working group or committee is designated to				
coordinate the development, implementation and monitoring of the <b>tobacco-free policy</b> .				
1.3成立一工作小組或委員會,以發展及支持無菸政策的實施與				
監測。				
1.4 A senior manager has responsibility for the actions of				
the policy working group or committee.				
1.4指派一位高階主管擔任工作小組或委員會之召集人,監督並				
負責無菸政策。				
1.5 Financial and human resources are allocated in the				
healthcare organisation's operational plan and/or contract to implement and monitor the <b>tobacco-free</b>				
policy.				
1.5 在該機構之營運計畫或合約中,有載明相關的行動並配置經				
費與人力,以進行政策之溝通、實施與監測。				
1.6 All staff understand their responsibility to take action in				
the implementation and management of the <b>tobacco</b> -				
free policy.				
1.6 所有員工了解他們的責任,採取行動去執行及管理無菸政策。				
R * Standard 2: Communication	No / Not	Less than half	More than half	Yes / Fully
標準2: 溝通	implemented	implemented	implemented	implemented
	完全未做	落實未達一半	落實超過一半	完全落實
2.1 All healthcare personnel (including teachers, students				
and transient staff) are informed of the organisations				
tobacco-free policy. 2.1 員工溝通系統的方向應是從高階主管到中階主管到所有員工				
[2.1 頁上傳通示統的方向應定從同陷土官封下陷土官封所有頁上 (例如:透過政策佈達、書面通知、到職程序或新進人員介				
紹)。所有健康照護人員(包括教師、學生及短期工作人員)要被				
通知該組織的無菸政策。				
2.2 All contract and outsourced employees working within or				
in direct contact with the healthcare organisation are				
informed of the tobacco-free policy.				
2.2對於合約廠商或外包服務,亦要求其配合機構的無菸政策並				
使其員工周知。				
2.3 All patients/residents (in and out-patients) are informed				
of the healthcare organisation's <b>tobacco-free policy</b> . 2.3 對於病人(包括門診、住院),應在入院前告知:本機構採				
[2.0 到於納入(包括门診、住院),應任八院用音知·本機傳統 行嚴格的無菸政策並提供戒菸支持。				
7				
tobacco-free policy.				
2.4健康照護機構應公開告知醫院的無菸政策。				
Standard 3: Education & Training 教育訓練	No / Not	Less than half	More than half	Yes / Fully
	implemented 完全未做	implemented 落實未達一半	implemented 落實超過一半	implemented 完全落實

on how to approach tobacco users and inform them of the organisations <b>tobacco-free policy</b> .				
3.1 機構確認所有員工都有獲得關於政策的指導或說明,知道如				
何向吸菸者告知機構的無菸政策。 3.2 Managers and clinical personnel are provided with				
mandatory policy briefings/ instruction. 3.2 主管與臨床人員一律須接受政策指導或說明。				
3. 3 Brief intervention training is offered and available to all personnel.				
3.3 提供所有員工有關戒菸簡短介入的訓練。				
3.4 Key clinical personnel are trained in motivational and				
tobacco cessation techniques. 3.4 提供相關臨床人員有關動機增強與戒菸技巧的訓練。				
Standard 4: Identification & Cessation Support 標準4:吸菸辨識與戒菸支持	No / Not implemented 完全未做	Less than half implemented 落實未達一半	More than half implemented 落實超過一半	Yes / Fully implemented 完全落實
4.1 A systematic procedure is in place to identify and document the tobacco status of all patients/residents.4.1 機構有一套系統性的程序,能辨識及記錄所有病人的吸菸狀態(包括被動吸菸),以便提供適當的協助、支持與治療。				
4.2 The systematic procedure includes and records the passive smoking status (in accordance with national				
definition) of all patients/ residents (including babies/children).				
4.2 此套程序包括辨識及記錄有被動吸菸風險的病人(包括胎兒及兒童),以便提供適當的協助與支持。				
4.3 A <b>tobacco cessation</b> service or direct access to				
cessation service is available for patients/ residents (in-patients and out-patients).				
4.3機構有戒菸服務,或有使用戒菸服務的直接管道,可幫助病				
人戒菸(包括住院與門診病人)。				
4.4 Interventions to motivate tobacco users to quit during the healthcare stay are documented in patient/ resident care plans				
4.4 在所有吸菸者的照護計畫中,使用具最佳實證的戒菸方法與動機增強技巧。				
4.5 NRT/Pharmacological therapy is available within the				
organisation.				
4.5 將藥物治療納為戒菸服務中不可或缺的一環。 4.6 Specific resources have been allocated for cessation				
support activities within the organisation. 4.6 配置特定人力與經費以落實戒菸服務。				
4.7 The cessation service provided or accessed by the healthcare organisation, has in place a systematic one year follow-up procedure.				
4. 7 機構的戒菸服務或其所使用的戒菸服務,有系統性的轉介與				
監測系統,使所有吸菸者在一年時能獲得追蹤。				
4.8 Information on <b>tobacco and tobacco cessation</b> methods are widely available in the organisation 4.8 將菸害與戒菸方法的資訊,廣泛提供給員工、病人與社區。				
Standard 5: Tobacco Control	No / Not	Less than half	More than half	Yes / Fully
標準5: 菸害管制	implemented 完全未做	implemented 落實未達一半	implemented 落實超過一半	implemented 完全落實
5.1 The campus (grounds) and property owned by the healthcare organisation are completely <b>tobacco-free</b> . 5.1 機構已實現並持續維護為一個完全無菸的園區(包括室外空間)。				
If 5.1 is fully implemented, a total score for			ally awarded	
IF NOT questions 5.1 — 5 如果 5.1 爲完全執行,則以	5.5 must be co	ompleted		
5.2 All facilities used by staff & visitors are tobacco free including all eating, work and common areas				
5.2 供員工與訪客使用的所有飲食區域、工作區域、治療區域、				

共同空間與設施,一律禁止吸菸。				
5.3 All facilities used by patients/residents are <b>tobacco free</b>				
including all treatment, eating and common areas.				
5.3 供病人使用的所有工作區域、治療區域、飲食區域、共同空間與如此,自其深熱工具、、傳輸上四萬。				
間與設施,包括運輸工具,一律禁止吸菸。 5.4 All transport, terrace and balconies operated and owned				
by the healthcare organisation are completely <b>tobacco free</b> .				
5.4 機構擁有或使用的所有屋頂陽台、露台與運輸工具,一律禁止吸菸。				
5.5 If <b>tobacco</b> is used, it is completely away and separate from designated tobacco free areas, windows and				
entrances.				
5.5如有例外,僅允許在一與無菸區域完全區隔並遠離入口與接待區的特定區域吸菸。				
Standard 6: Environment	No / Not	Less than half	More than half	Yes / Fully
標準6:環境	implemented 完全未做	implemented 落實未達一半	implemented 落實超過一半	implemented 完全落實
6.1 Signage indicating the <b>tobacco free polic</b> y is visible to staff, patients/residents and visitors.				
6.1 有張貼解說標誌,表明機構的無菸立場。				
6.2 Smoking areas are not allowed, but if some still remain ashtrays are only found in these areas.				
6.2 吸菸區是不被允許的,但是若機構需要有吸菸區域,應加以				
清楚界定並僅允許在此區域有菸灰缸。				
6.3.1Staff are never exposed to passive smoking. 6.3.1 員工絕不會暴露到被動吸菸,且若有此情況會加以記錄。				
6.3.2 Patients/residents are never exposed to <b>tobacco</b>				
use or passive smoking. 6.3.2 病人絕不會暴露到被動吸菸,且若有此情況會加以記錄。				
6.3.3 Visitors are never exposed to passive smoking.				
6.3.3 訪客絕不會暴露到被動吸菸,且若有此情況會加以記錄。				
6.4 Tobacco is not sold or available anywhere within				
the healthcare organisation. 6.4 機構有一政策,禁止在機構內任何地方有菸品的販售、提供				
或廣告。				
Standard 7: Healthy Workplace	No / Not	Less than half	More than half	Yes / Fully
標準7:健康職場	implemented 完全未做	implemented 落實未達一半	implemented 落實超過一半	implemented 完全落實
7.1.1 All personnel are informed of the healthcare				
organisation's <b>tobacco-free polic</b> y during the recruitment process.				
7.1.1 在招募員工時即使其知道機構的無菸政策及其連帶意涵。				
7.1.2 All personnel employment contracts require a commitment by staff to the healthcare organisation's <b>tobacco-free</b> policy				
7.1.2 在員工僱用合約(包括子合約以及外包廠商合約)中,要				
求員工許諾遵行機構的無菸環境與文化。				
7.2 Staff <b>tobacco use</b> prevalence is monitored annually. 7.2 機構有一套程序以辨識及記錄員工的健康狀態(包括吸菸習			1	l
慣),每年進行員工的吸菸狀況之監測,以便提供適當的協助、				
支持與治療。				
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<ul> <li>8.1 The healthcare organisation has participated in one or more local, national or international tobacco free activities within the last 12 months.</li> <li>8.1 在過去 12 個月機構與當地社區或其他伙伴推廣及辦理地方性、全國性與國際性的無菸活動。</li> </ul>				
Standard 9: Compliance Monitoring 標準9: 遵行度監測	No / Not implemented 完全未做	Less than half implemented 落實未達一半	More than half implemented 落實超過一半	Yes / Fully implemented 完全落實
9.1 The tobacco-free policy is internally monitored and reviewed annually. 9.1 機構的政策工作小組或委員會負責確保政策的年度監測,包括溝通、戒菸服務與遵行度系統。				
9.2 The quality of the <b>tobacco free</b> action plan has been reviewed and updated within a three year period. 9.2 對無菸政策的行動計畫有近三年內的定期回顧及更新,以滿足資訊、教育與訓練的需求,確保品質。				
Standard 10: Policy Implementation 標準 10: 政策落實	No / Not implemented 完全未做	Less than half implemented 落實未達一半	More than half implemented 落實超過一半	Yes / Fully implemented 完全落實
10.1 The healthcare organisation completes the ENSH self- audit questionnaire annually. 10.1 機構每年完成 ENSH 自我檢核表,以落實所有步驟。				
Maximum Total: 總分				

## Scoring:

No / Not implemented = 1 // Less than half implemented = 2 // More than half implemented = 3 // Yes /Fully implemented = 4

計分方式:

完全未做=1分,落實未達一半 (少於 50%) =2分,落實超過一半 (大於 50%) =3分,完全落實=4分

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