



**Jianan Mental Hospital,  
DOH, Executive Yuan, ROC**

**TSO-JEN WANG**  
**Deputy Superintendent**

**ENSH Gold Forum 2012**

# Taiwan-Tainan: Jianan Mental Hospital



**Network Member since: 2009**

**Number of Beds: 700**

**Number of Staff: 384**

**Specialization: Mental Illness**

**Number of treated patients/year :**

**\*Outpatients: 59,472**

**\*Inpatients: 172,884**

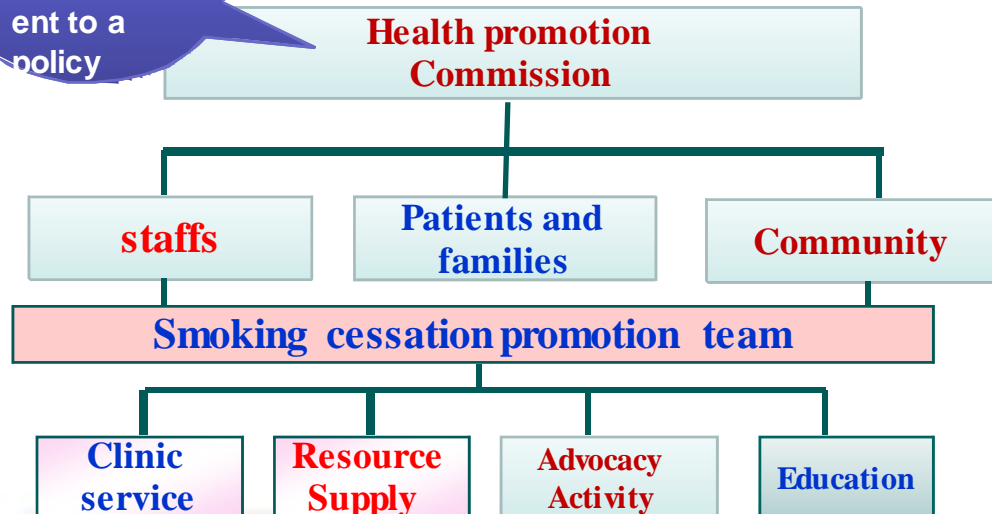
**Average length of stay: 42**

# Jianan Mental Hospital, DOH

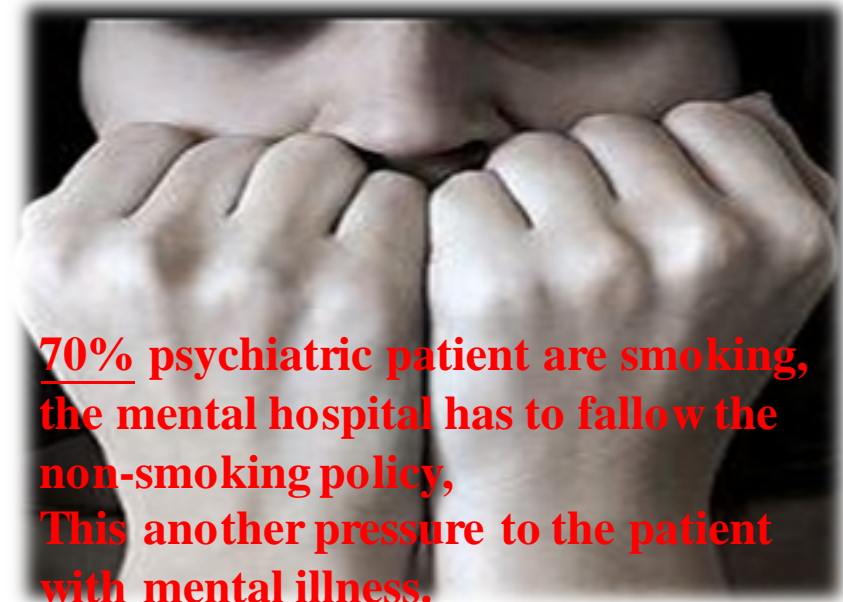
## 1. Engagment & 2.Communication

### Highlights

Adopts  
commitment to a  
policy



### • Challenges



**Family members complain that is too strictly and inhumanity of the tobacco control policy in mental hospital, they thought that if prohibits smoke, may makes patient in unstable condition**



# Jianan Mental Hospital, DOH

## 1. Engagment & 2.Communication

### • Highlights

#### Smoking cessation activities :Signature



**Staffs**



**Patients and Families**



### • Challenges



*Get mad*

Senior psychiatric Dr point that :  
The psychiatric patient with is difference with general patient, asking them not to smoke during hospitalization almost impossible



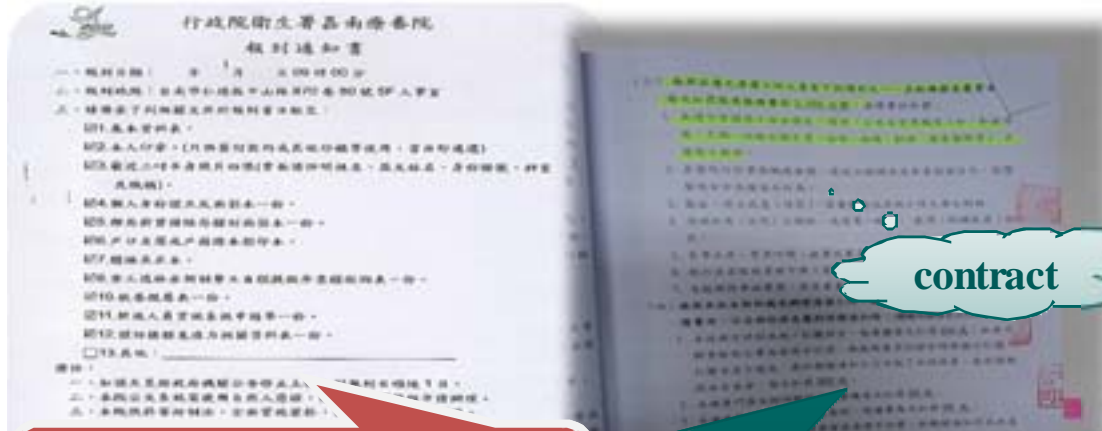
What harm people is not the thing causing fear, but **“Fear”**!!  
The major difficult of promoting smoke-free hospital is not how to do, but get rid of the inherent thoughts!

# Jianan Mental Hospital, DOH

## 1. Engagment & 2.Communication

### • Highlights

### • Challenges



Smoke-free hospital informed on the registration noite for new staffs

The outsourced service are required to endorse the hospital tobacco free policy

contract



Year	Oath	Number of patients
2009	1. Superintendent leds to make declaration 2. Smoking cessation activities :signature	1.1,618 2.15,979
2010	1. Sign the agreement “ I do not smoke in hospital” 2. Smoking cessation activities :signature	1.1,831 2.8,866
2011	1. Sign the agreement “ I do not smoke in hospital” 2. Life square activity	1.1882



To adds the art therapy : patients create non-smoking sign

# Jianan Mental Hospital, DOH

## 3. Training and Education 4. & 4. Identification and Tobacco Cessation

### • Highlights

#### Tobacco control education and training



Medical professional	Total	Attendant rate
Physician	11	40.74
Pharmacist	12	100
Nurses	135	78.49
Medical technologist	6	100
Nutritionist	1	100
Radiotherapist	1	100
Psychologist	9	100
OT	16	100
<b>Total</b>	<b>193</b>	<b>80.75</b>

### • Challenges

The staff who quit smoking **successfully** shared their experience **with all workers.**

	Smoking numbers(rate)	Number of smoking cessation
Staffs	15(4.64%)	4(1.24%)
Volunteer	2(6.06%)	1(3.03%)



# Jianan Mental Hospital, DOH

## 3. Training and Education & 4. Identification and Tobacco Cessation Challenges

### Highlights

To orient the training course for patient

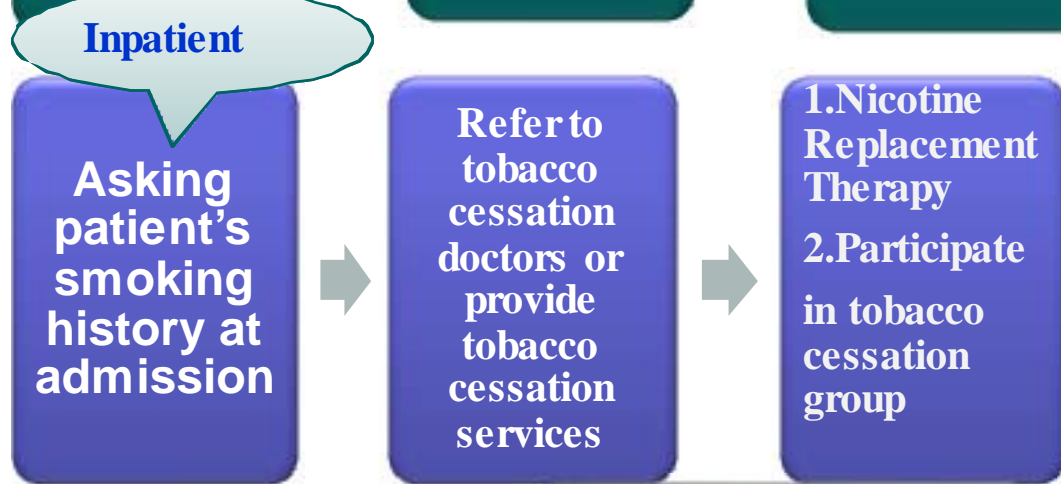
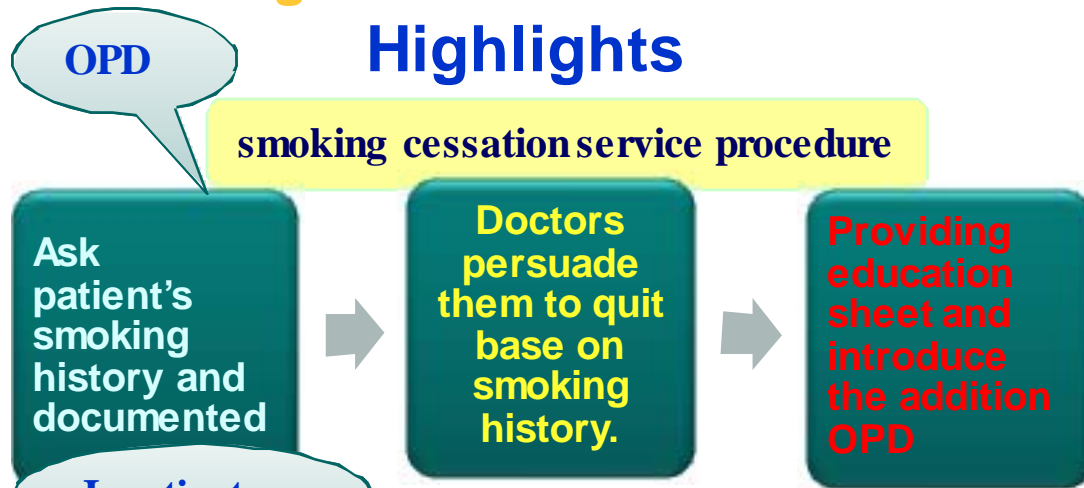


Course
Myths of quit smoking: yes you can
Tobacco Control: you should quit smoking
Quit smoking and diet: diet and weight control
Exercise and keep a non-smoking environment
Method of quit smoking 1: Replacement Therapy
Method of quit smoking 2: Knack of life
Say no to cigarettes: cognition therapy

The content of training course for inpatient	Numbers		
	2009	2010	2011
Smoking cessation counseling	520	2,206	4,643
Smoking cessation class	223	19	26
Smoking cessation education group	419	91	234

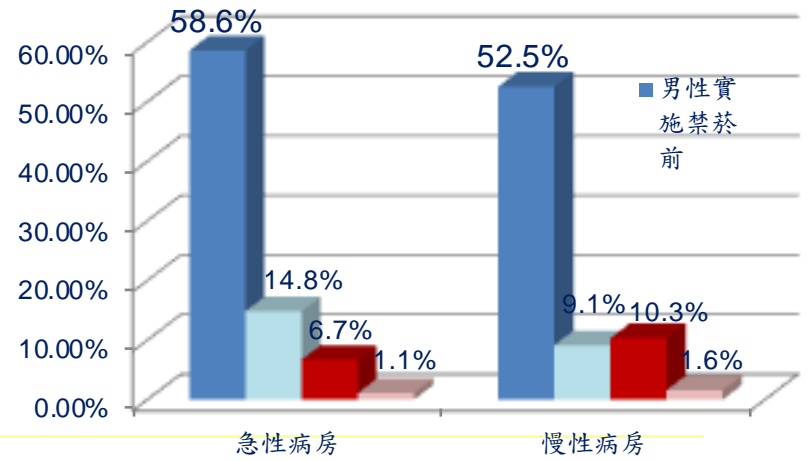
# Jianan Mental Hospital, DOH

## 3. Training and Education Highlights & 4. Identification and Tobacco Cessation Challenges



The tobacco cessation record

Tobacco cessation	2009	2010	2011
Number of outpatient joined tobacco cessation OPD	106	86	115
Number of inpatients joined tobacco cessation group	426	91	227





# Jianan Mental Hospital, DOH

## 5. Tobacco Control & 6. Environment

### • Highlights

### • Challenges



Patient be a Smoke-free ambassador



smoke free symbol

✓ Patients with mental illness are empowered to be an ambassador for tobacco free policy

✓ A completely tobacco free campus

✓ Hospital has a total ban on selling tobacco products

✓ Tobacco use is prohibited in restaurant, all work areas, common areas and facilities used

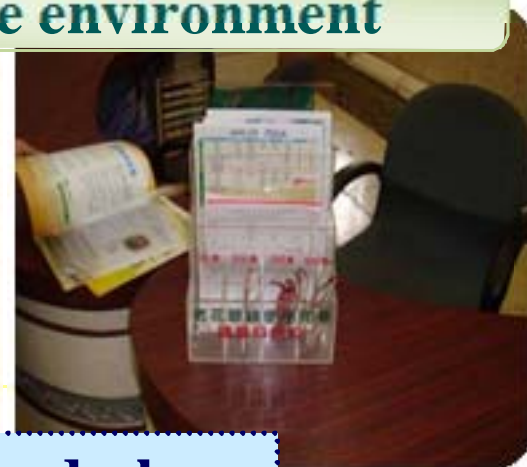
# Jianan Mental Hospital, DOH

## 5. Tobacco Control & 6. Environment

### Highlights



Keep a smoke free environment



Information desk

### Education board at OPD





# Jianan Mental Hospital, DOH

## 5. Tobacco Control & 6. Environment

### • Highlights



### • Challenges

#### Empowerment

Besides the security guard and staffs, **we invites psychiatric patients to audit, and inspect** the environment regularly

They **are very seriously** to check the surroundings.

Patients will be **appreciated** through this audit action.



## 7. Healthy Workplace & 8. Health Promotion

- Highlights
- Challenges



Introduced the tobacco-free policy for new staffs

行政院衛生署嘉南療養院  
報到通知書

一、報到日期： 年 月 日 09時00分  
二、報到地點：台南市仁德區中山路870巷80號5F人事室  
三、請備妥下列相關文件於報到當日繳交：

- 1.基本資料表。
- 2.本人印章。(只供簽訂契約或其他印鑑等使用，當日即退還)
- 3.最近二吋半身照片四張(背面請註明姓名、英文姓名、身份證號、科室及職稱)。
- 4.個人身份證正反面影本一份。
- 5.郵局薪資轉帳存摺封面影本一份。
- 6.戶口名簿或戶籍謄本影印本。
- 7.體檢表正本。
- 8.勞工退休金新制勞工自願提繳率意願徵詢表一份。
- 10.扶養親屬表一份。
- 11.新進人員資訊系統申請單一份。
- 12.預防接種免疫力相關資料表一份。
- 13.其他：\_\_\_\_\_

備註：  
一、如遇天災經政府機關公告停止上班，則報到日順延1日。  
二、本院公文系統當使用自然人憑證，請至戶政事務所申請辦理。  
三、本院依菸害防制法，全面實施禁菸，請務必遵守禁菸職場。

～～若有任何問題，歡迎與人事室連絡～～

連絡電話：06-2795019#1527  
傳 真：06-2701179

We have investigated the smoking number of staffs in 2011, the tobacco consumption are around 985 per year.

We do not present the 5 year trend of tobacco consumption prevalence in staff; we may consider investigating in our future plan.

	National (2010)	Staff (2011)	Patients (2010)
Prevalence of smoking	Total:19.8%	Toatl:4.64%	Toatl:64%
	Male:35.0%	Male:4.33%	Male 55.5%,
	Female:4.1%	Famale:0.31%	Female :8.5%
tobacco consumption prevalence	1647.38/year	985/year(around)	
Cost	15373USD	5988USD	

## 7. Healthy Workplace & 8. Health Promotion

### • Highlights



### • Challenges

To conduct employees' **physical fitness examination** and **healthy life assessment** annually.

Hosting tobacco cessation, weight reduction and physical activities accordingly.

To identify employees' smoking status through health examination and health status survey and recorded.



## 7. Healthy Workplace & 8. Health Promotion

- **Highlights**

**The first smoke-free square  
in front of the supermarket in Tainan**



- **Challenges**

**To handle the tobacco-free  
education in school and  
community**

**To cooperate with health  
bureau, and hold smoke-free  
declaration activities in front of  
the supermarket and shopping  
mall so call “Smoke-free  
Square” in 25 Sept.2011.**



## 9. Compliance Monitoring & 10. Policy Implementation

### • Highlights



All department marked the no smoking sign and the point of audit

### Audit and the result

Department	No smoking Environment (10)	
OPD	9	
General medical	9	
Day care	9	
A1 acute ward	9	
A2-3 acute ward	9	
A5-6 acute ward	9	9
R1-R2 Reh. ward	9	9
R3-4 Reh. ward	9	9
R5-6 Reh. ward	9	9
R7 Reh. ward	9	9

# Jianan Mental Hospital, DOH

## 9. Compliance Monitoring & 10. Policy Implementation

### • Highlights

### • Challenges



Jianan Hospital  
touch my heart



We got  
Golden  
award  
Score:166

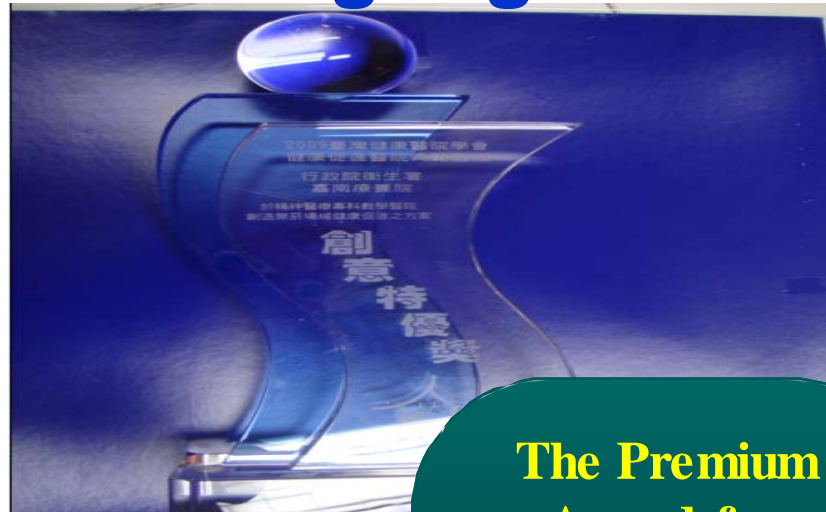




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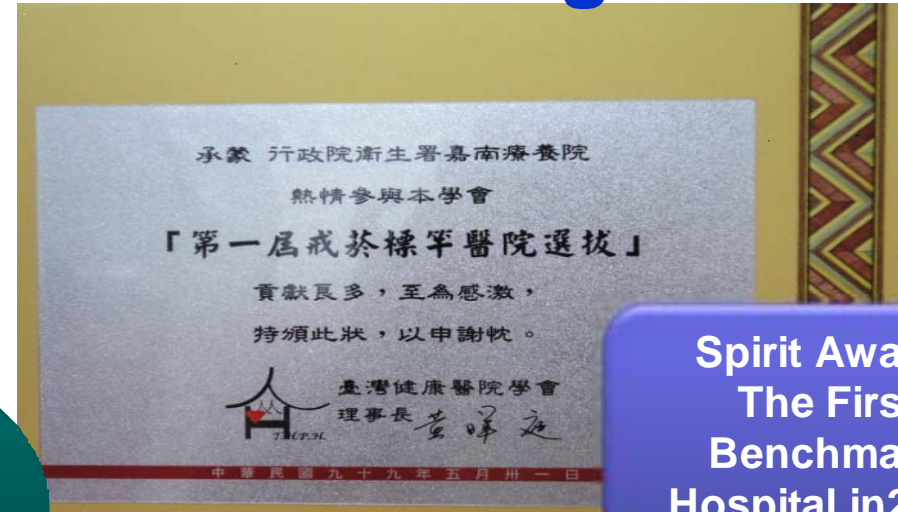
## 9. Compliance Monitoring & 10. Policy Implementation

### • Highlights



The Premium Award for Creativity- in 2009

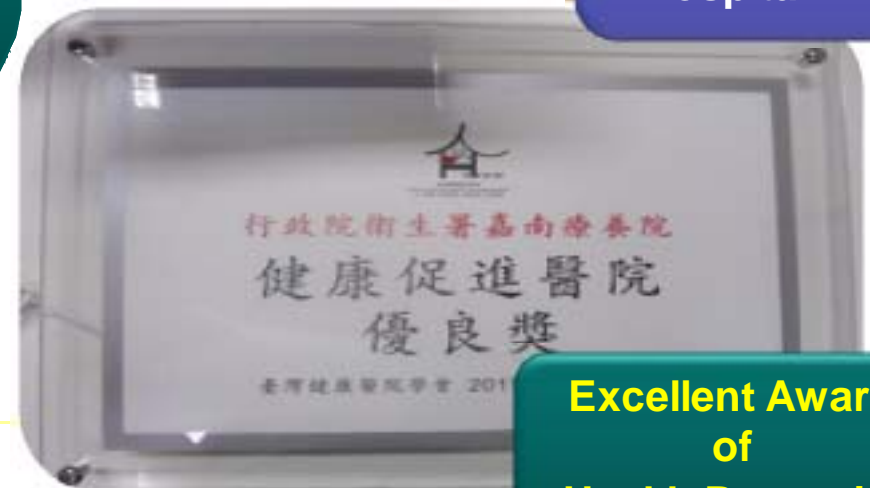
### • Challenges



Spirit Award- The First Benchmark Hospital in 2010



Golden Award of Global Smoke-Free Service Network in 2011



Excellent Award of Health Promoting Hospital in 2011





# ENSH Gold Forum 2012

