

Chung Shan Medical University Hospital

Ming-Hsiang KU, M.D.
Family & Community Med. Dept.

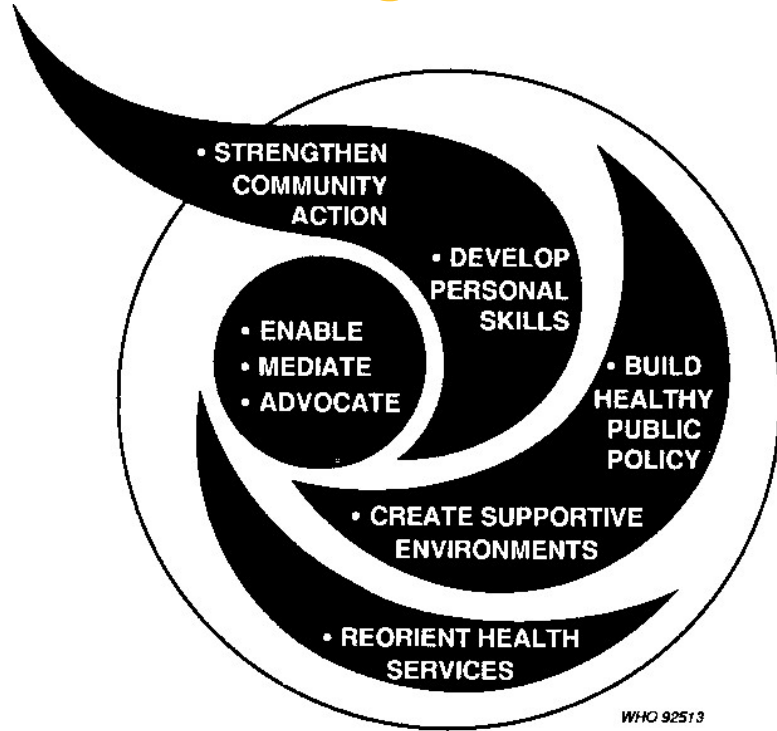
ENSH GOLD Forum 2013

Who & Where Are We? How Is Smoking In Taiwan?

- An affiliated medical center of CSMU
 - In **Taichung**, 3rd largest city of Taiwan
 - Contracted by **National Health Insurance**
 - **1099 beds / 2278 staff (1.7% smokers)**
 - Treated outpatient / inpatient (pts/yr)
910904 / 26769 (2012)
- Adults smoking in Taiwan (2012)
 - (2002) **27%** → (2009) **20.0%** → **18.7%**
- 2009 Smoke free Taiwan
 - Elevating cigarette health tax / pack
(2009) 10 → 20 NT (0.5€) ~ **1.66 €/pack**
(**2013?**) 20 → 40 NT (1) → ~ **2+ €/pack**
- Since **2002 smoking cessation services**



Blending a Healthier Hospital Culture into Taichung



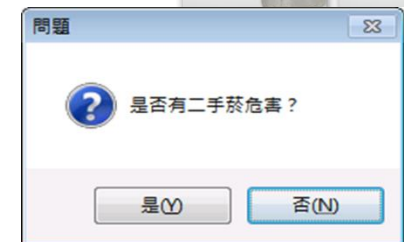
Some recent actions:

- Weight watch
- Quitting betel
- ECO friendly



ENSH:

- Communication
- Head of dept. standup posters
- Identification & Cessation
- electronic med. system reminders
- Promotion into community



5. Tobacco Control

- In accordance with Tobacco Hazards Prevention Act in
 - All public spaces** in hospitals must maintain tobacco free, and have clearly visible **smoking ban signs**.
 - Security guards** patrol our grounds, and **if smokers are seen, they are kindly reminded of our smoke-free policy**.
 - (2010) 28.4 → (2012) 2.1 smokers/day inside campus**



中山醫學大學附設醫院大慶院區禁煙勸導紀錄表(急診)

| 日期 | 時間 | 事件情況 | 勸導人 |
|------|-------|-----------|-----|
| 6/12 | 13:43 | 2人抽煙，已勸導。 | 廖 |
| 12 | 17:31 | 1人抽煙，已勸導。 | 廖 |
| 12 | 18:20 | 2人抽煙，已勸導。 | 廖 |
| 6/13 | 10:14 | 1人 | |
| 6/13 | 14:21 | 1人 | |
| 6/13 | 15:20 | 1人 | |
| 6/13 | 16:10 | 2人 | |
| 6/13 | 18:11 | 1人 | |
| 6/14 | 13:11 | 2人 | |
| 6/15 | 09:21 | 2人 | |
| 6/15 | 14:42 | 1人 | |
| 6/17 | 15:54 | 2人 | |



5. Tobacco Control (2)

- **Shuttle buses** between different hospital grounds are tobacco free.
- **Taxi drivers lining outside** our hospital are also forbidden to smoke as part of their **contract**.
- **Air quality** measurements twice yearly.



- **Future: Dissuade + Advice / Refer**

7. Healthy Workplace

- **All new working staff** agreed to the **contract** on forbidding tobacco use in the hospital grounds before start date.
- **Penalties** are imposed for violations of the tobacco free act.
- **Discounted** smoking cessation outpatient clinic **for staff**.
- **Rewards** are given for those who quit smoking.

新進人員到職注意事項

洪瑞君小姐/先生 單位：資訊室 職稱：軟體工程師
誠摯歡迎您成為中山醫學大學附設醫院的一份子，提醒您：

1. 請於到職日當天撥空至人資室領取識別證。
2. 請熟記自己的員工代號 (N126) 及指紋代碼 (296126) 以便後登入醫院管理系統及上下班刷卡(選擇指紋或使用識別證)。
3. 您到職當天即由人資室辦理加入勞健保，請確認您已於前一保單位辦理轉出，避免重複加保；費歷加保須另填申請單。
4. 請於到職 1 週內至院內人資室網頁瀏覽人事相關規定及員工工作規則並至數位學習平台完成閱讀勞工安全衛生工作守則，進行測驗後將成績印出後，經主管簽章後遞送至勞安室審查，將列入晉用考核標準。(未閱讀勞工安全衛生工作守則不予錄用)
5. 每月 25 日發當月薪資，新進人員於到職日次月發第一筆。
6. 申請機車停車證請攜帶識別證至總務室(行政大樓 11 樓)辦理。
7. 報到資料繳交尚缺

【宣導】

醫療院所為菸害防治法中之禁菸場所，故請勿於醫院範圍(包含本校)內吸菸，若因此而遭到稽查，得依情節罰金 NT2,000~NT10,000 元不等，則相關罰金由個人自行繳納。




中山醫學大學附設醫院

| 主題名稱 | 員工獎懲辦法 | | | | |
|--------|---|-----|-----|------|-----------------|
| | Regulations of Rewards and Punishments for Employee | | | | |
| 編號 | 214000-000-P-011 | 制定者 | 楊凱媛 | 生效日期 | 68 年 10 月 04 日 |
| 制定單位 | 人力資源室 | 核准者 | 李若菱 | 修正日期 | 101 年 07 月 10 日 |
| 版本/總頁數 | 第 1.9 版/6 頁 | 審查者 | 張巧怡 | 檢閱日期 | 101 年 07 月 10 日 |

- **Penalty: admonition → demerit**
 - **Reward: commendation**
- 2 / 38 staff quit smoking (2012)**

7. Healthy Workplace (2)

- **Outsourced stores**, i.e. convenience stores, are forbidden to sell tobacco products.
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- **Free & compulsory annual health check-up to all staff**
 - **Height and weight, waist, BP, smoking & betel, work & sleep time, exercise & diet habits, mood**
 - **Blood** : CBC, sugar, GOT/GPT, creatinine, uric acid, lipid levels
 - **Physician** physical examination
 - **Urinalysis, EKG** and chest **X-ray**
 - **Future**: all staff contract banning smoking, healthy habits bundling + rewards for those with health improvement.



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